




As we tend your loved one's needs, we want you to feel confident in knowing what **you** can do—as **caregiver and family**—to give your loved one the best quality of life possible, now and ahead. Go to [www.ancoracc.org/caregiver-library](http://www.ancoracc.org/caregiver-library) and click on “Hospice Training for Caregivers.” If you see changes or unmet needs, call us. We're here for you.

## For Caregivers and Family of \_\_\_\_\_ Date \_\_\_\_\_

(Name)



Check video titles that relate to current needs and things the caregiver and family can do to help.

<input type="checkbox"/> Core Questions  Notes:	<input type="checkbox"/> Pain and Comfort  Notes:
<input type="checkbox"/> Medications and Side Effects  Notes:	<input type="checkbox"/> Breathing  Notes:
<input type="checkbox"/> Moving Safely  Notes:	<input type="checkbox"/> Anxiety  Notes:
<input type="checkbox"/> Sadness  Notes:	<input type="checkbox"/> Beliefs and Values  Notes:
<input type="checkbox"/> Signs of Change  Notes: Important: Be Aware	<input type="checkbox"/> Final Moments  Notes: Caution: Sensitive Information